

# Regenerative Stormwater Conveyance Systems

Rebecca Cope

ORISE Research Internship Program

EPA Region 3 – Office of State and Watershed Partnerships

# Outline:

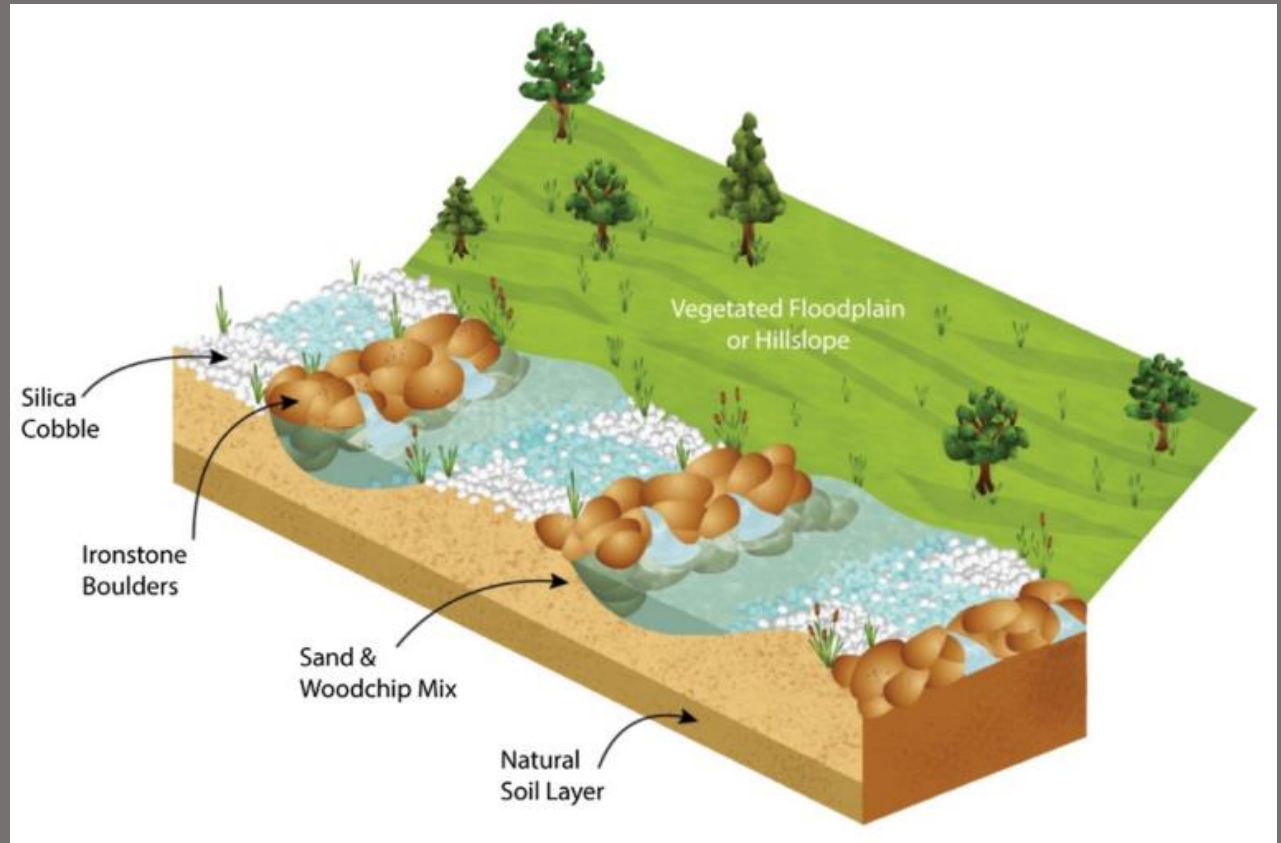
- Basic Design of an Regenerative Stormwater Conveyance (RSC) System
- Regulatory Background
- Scientific Research Background
- EPA Research Efforts
- Summary

# What is an RSC?

## Regenerative Stormwater Conveyance

AKA: regenerative streamwater conveyance, coastal plain outfall, regenerative step pool storm conveyance (SPSC), regenerative stream channel

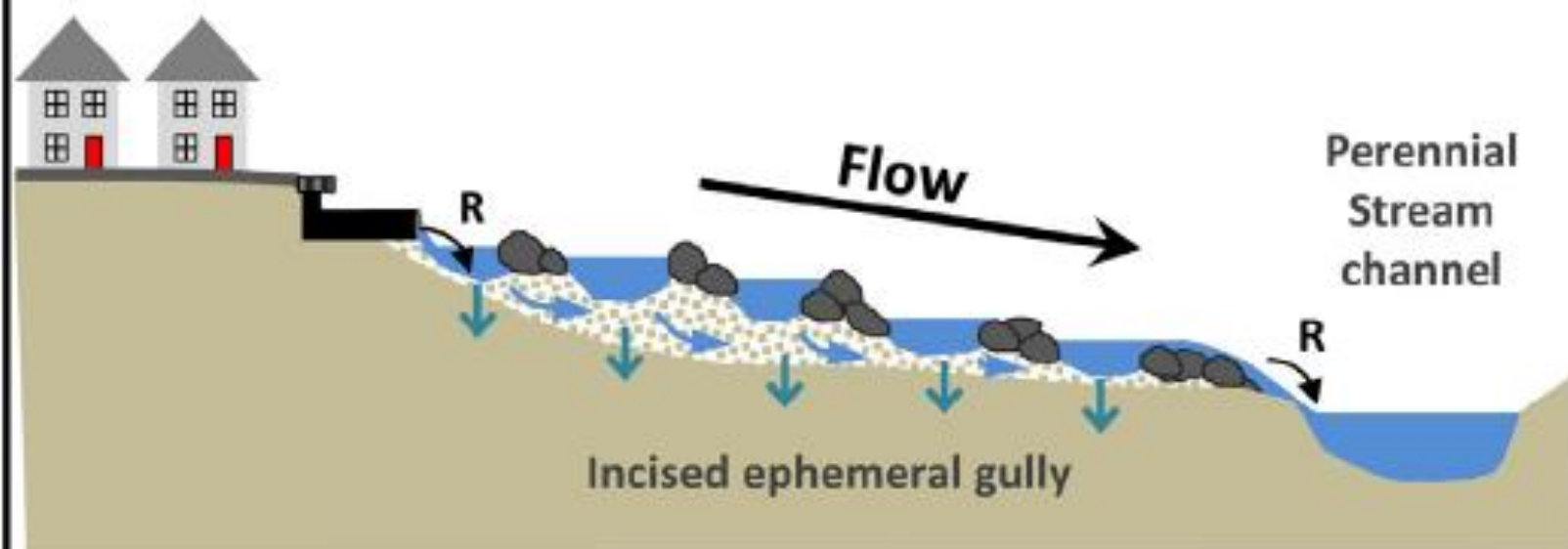
- *Series of riffles and pools*
- *Sand and woodchip fill*
- **Rock weirs**



# What are the goals of an RSC project?

- Treat quantity and quality of stormwater runoff
- Reduce transportation of sediment and nutrients downstream
- Increase denitrification in the stream reach and adjacent floodplain
- Provide habitat diversity

## Step-pool stormwater conveyance: Longitudinal view



## Legend

Native bedrock  
Sand seepage bed  
Infiltration  
Lateral  
subsurface flow  
Stormwater runoff





# Typical RSC's in perennial channels





# Regulatory Background:

## Drivers of projects:

### Chesapeake Bay TMDL

- Urban stream restoration BMP
- WIP goal: 441 miles

### MS4 permit requirements

- Impervious treatment
- TMDL implementation plans

Percent of Restoration Treatment Accomplished by Practice Type



# Regulatory Background:

## Permitting of RSC's includes ecological requirements:

### CWA Section 404 review

- **Nationwide 27**

remove non-native invasive, exotic, or nuisance vegetation; and other related activities. Only native plant species should be planted at the site.

This NWP authorizes the relocation of non-tidal waters, including non-tidal wetlands and streams, on the project site provided there are net increases in aquatic resource functions and services.

Except for the relocation of non-tidal waters on the project site, this NWP does not authorize the conversion of a stream or natural wetlands to another aquatic habitat type (e.g., stream to wetland or vice versa) or uplands. Changes in wetland plant communities that occur

- **Bay TMDL RGP**

include, but are not limited to, the retrofit of existing stormwater management facilities, the retrofit of existing stormwater management outfalls, and the restoration and enhancement of non-tidal streams and non-tidal wetlands. Stream and wetland restoration and enhancement projects must meet nutrient and sediment load reduction targets under the Chesapeake Bay TMDL and restore functions that support and/or enhance aquatic biological resources at the project site.

This Bay TMDL RGP provides a streamlined form of Department of the Army authorization for activities that provide nutrient and sediment reductions mandated by the Chesapeake Bay TMDL. The development of permit streamlining measures



# Scientific Research Background:

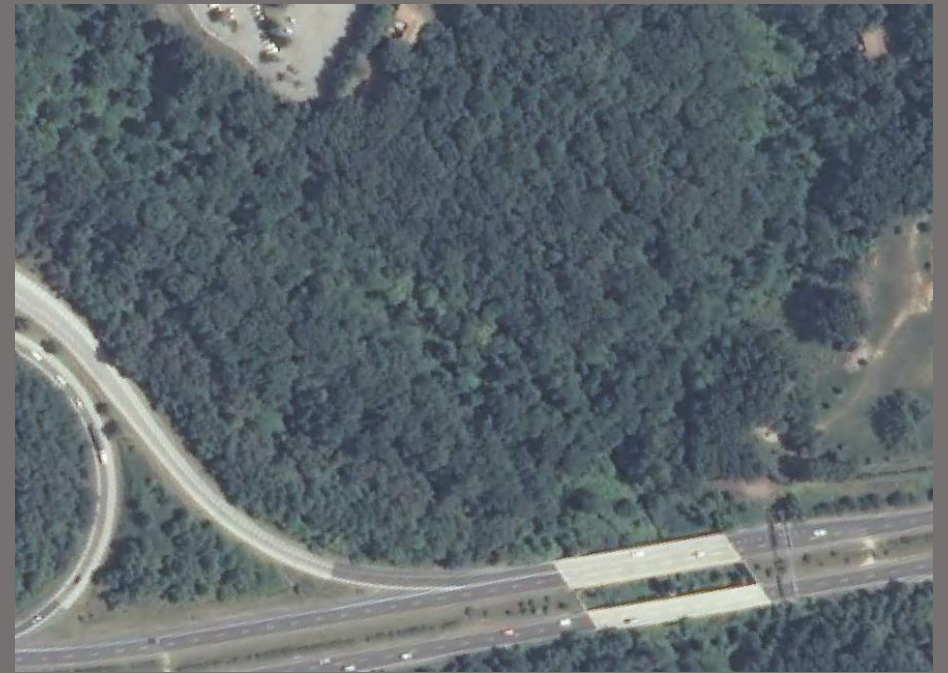
## Address Questions about:

- Nutrient removal
- Stormwater attenuation
- Unintended ecological consequences:
  - Tree loss
  - Iron flocculate
  - Low flow/no flow
  - Structural failures
  - Habitat degradation/conversion





Before



After



# Tree Loss





# Iron flocculate





# Published Literature:

## Palmer et al. (2015)

- ✓ Decreased peak flows, longer receding limb
- ✓ Sediment and nitrogen load reductions (up to 0.75 in of rainfall)

## Fanelli et al (2017)

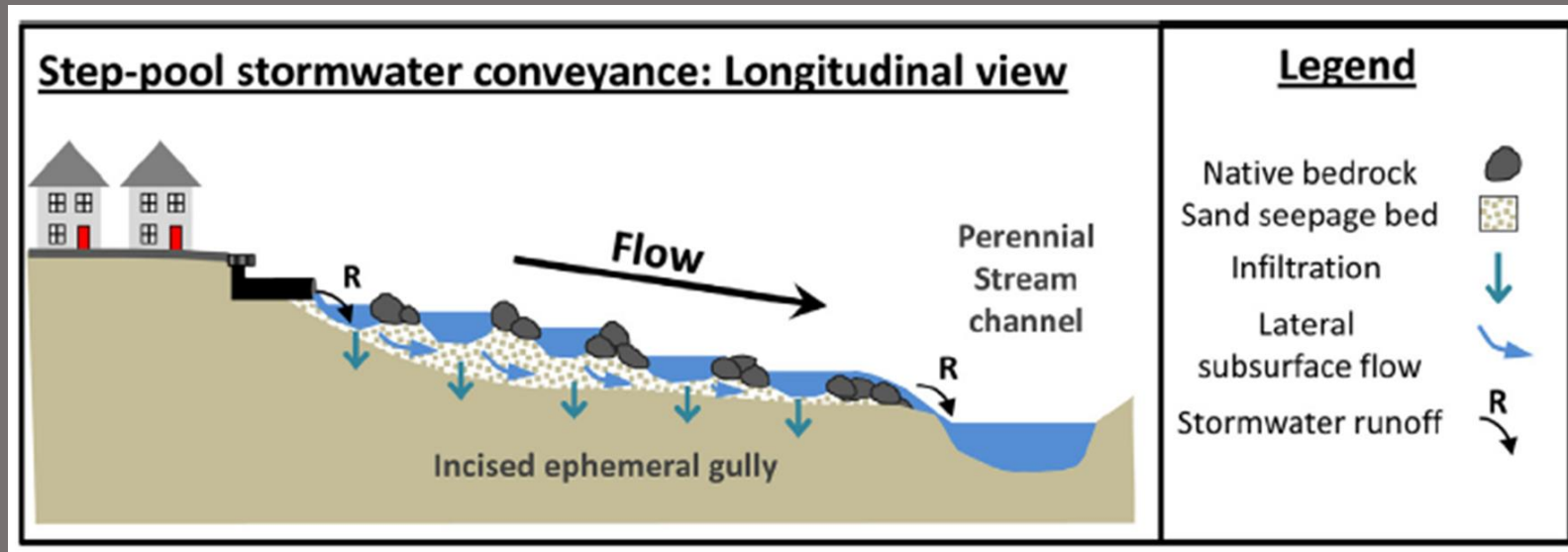
- ✓ Restored hydrological function in 1 of 3 restored urban watersheds treated with RSC
- ✓ Highly variable hydrological responses in 3 restored watersheds



# Published Literature:

Williams et al. (2016)

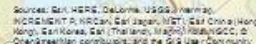
Iron from groundwater + Iron from construction material + Organic carbon from woodchips = Floc



## WPD/EAID Research Goals:

- Characterize basic ecology of RSC's
- Determine whether there are tradeoffs exist between pollution reduction goals and local ecological health

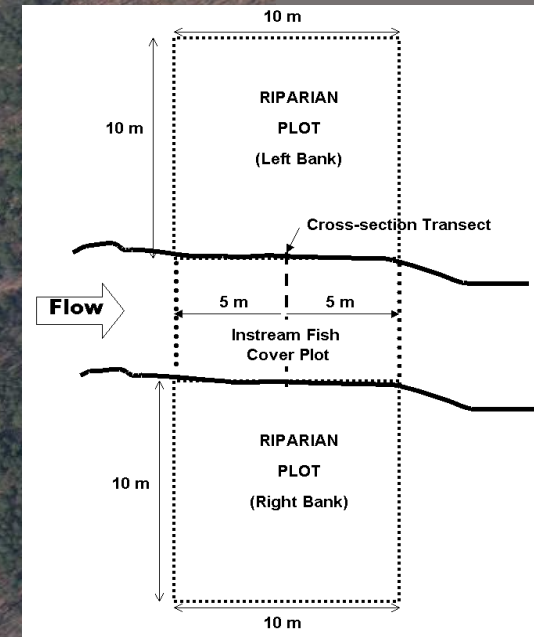
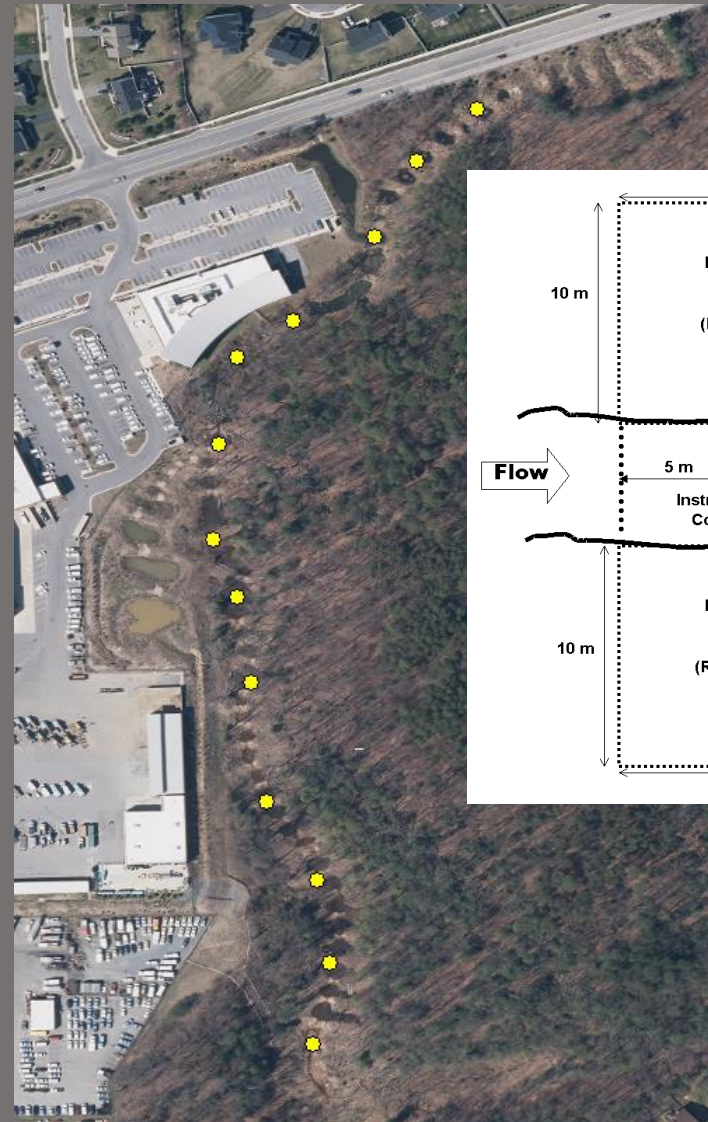
- **Leaf litter**





# Study Design:

- Transects representing 20% of stream reach
- DO, pH, temperature, conductivity
- Fall, spring, summer sampling
- Riparian vegetation survey
- Leaf litter collection and tree survey at a subset of sites





## Site Characteristics

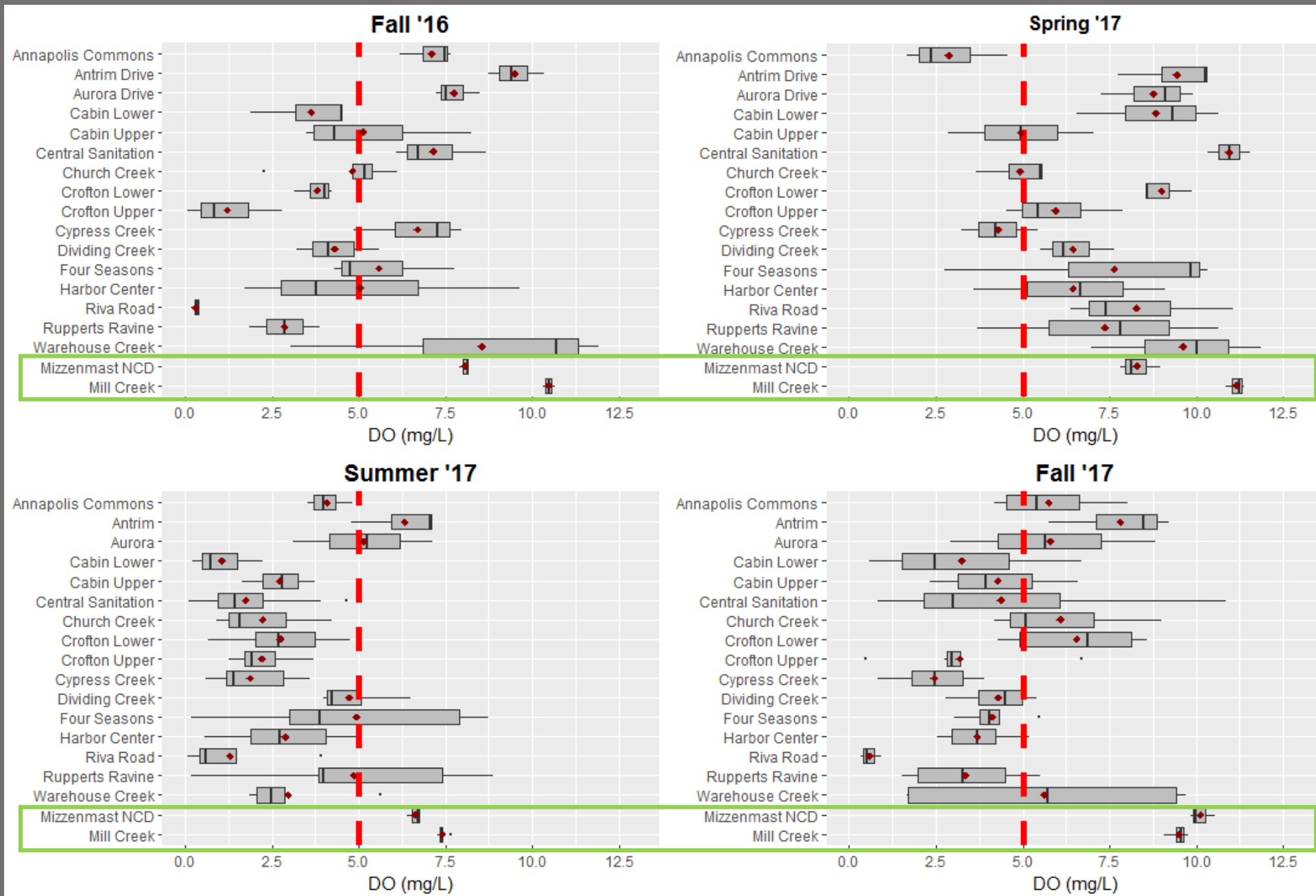
- Build dates between 2007 and 2015
- Most streams 1<sup>st</sup> or 2<sup>nd</sup> order, one 4<sup>th</sup> order

	Min	Median	Mean	Max
Reach Length (linear feet)	295	737	849	2029
Catchment Size (acres)	18.4	136.4	205.2	680.3
Percent Impervious	12.0	28.6	33.2	61.3

# Preliminary Results:

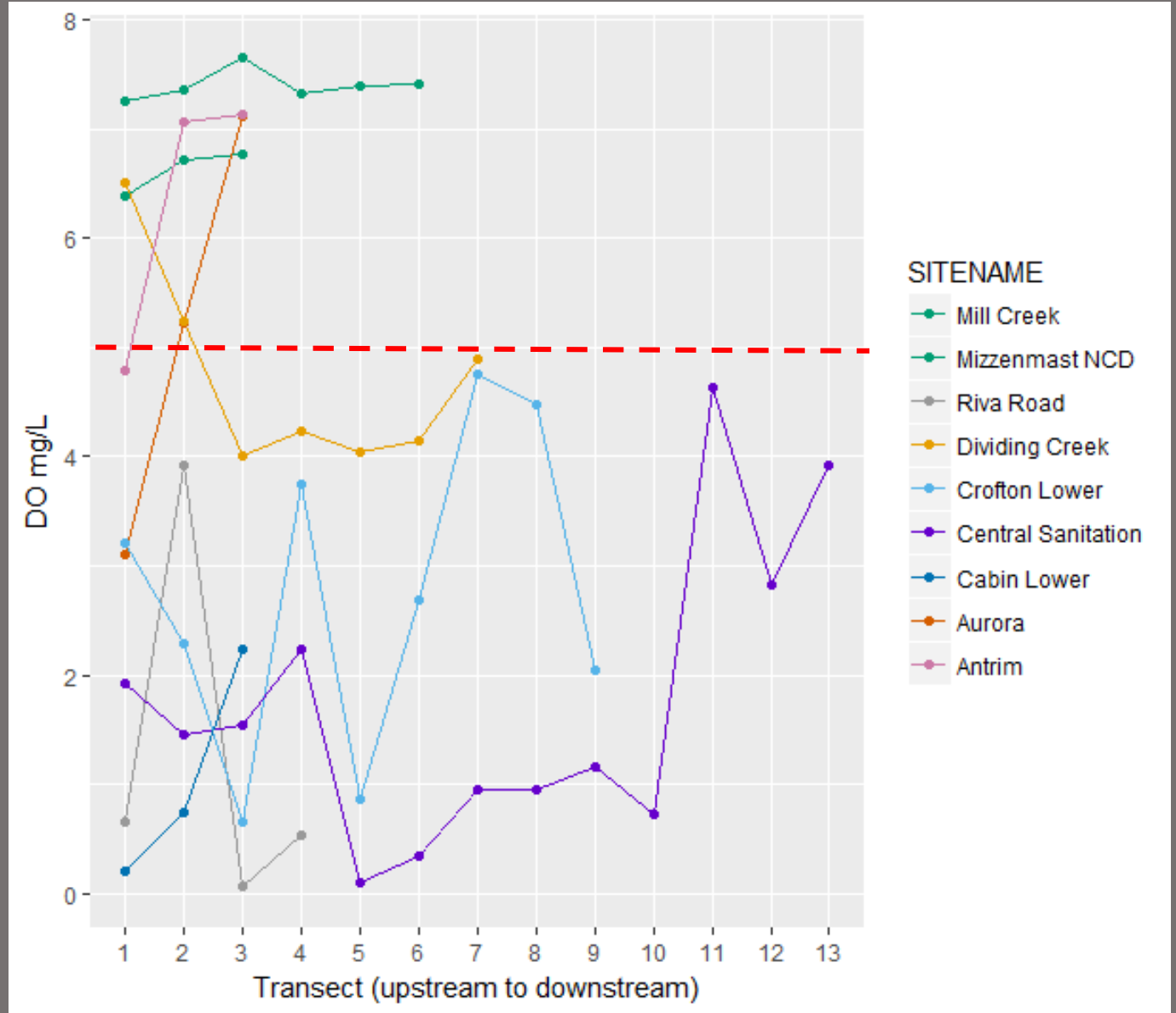
DO levels below 5 mg/L were common

Variability high within and among sites



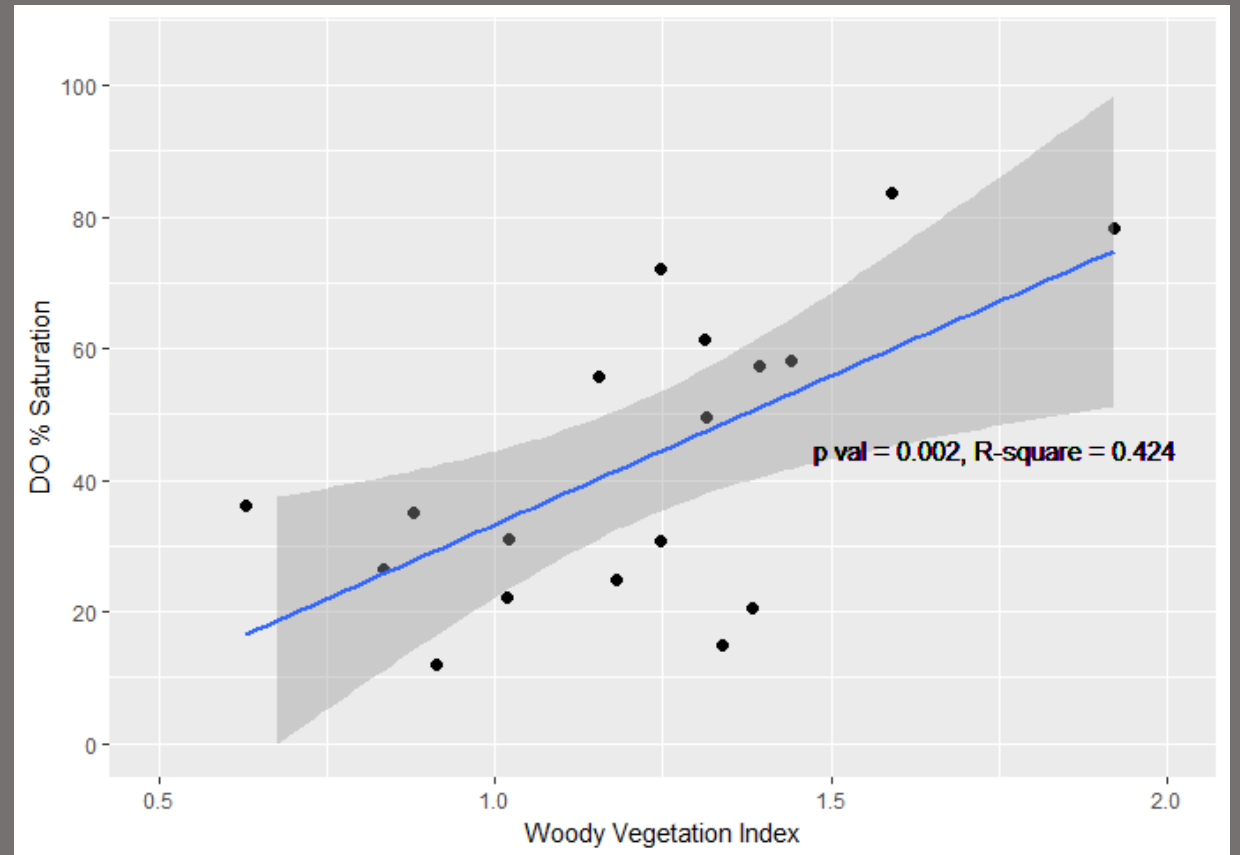
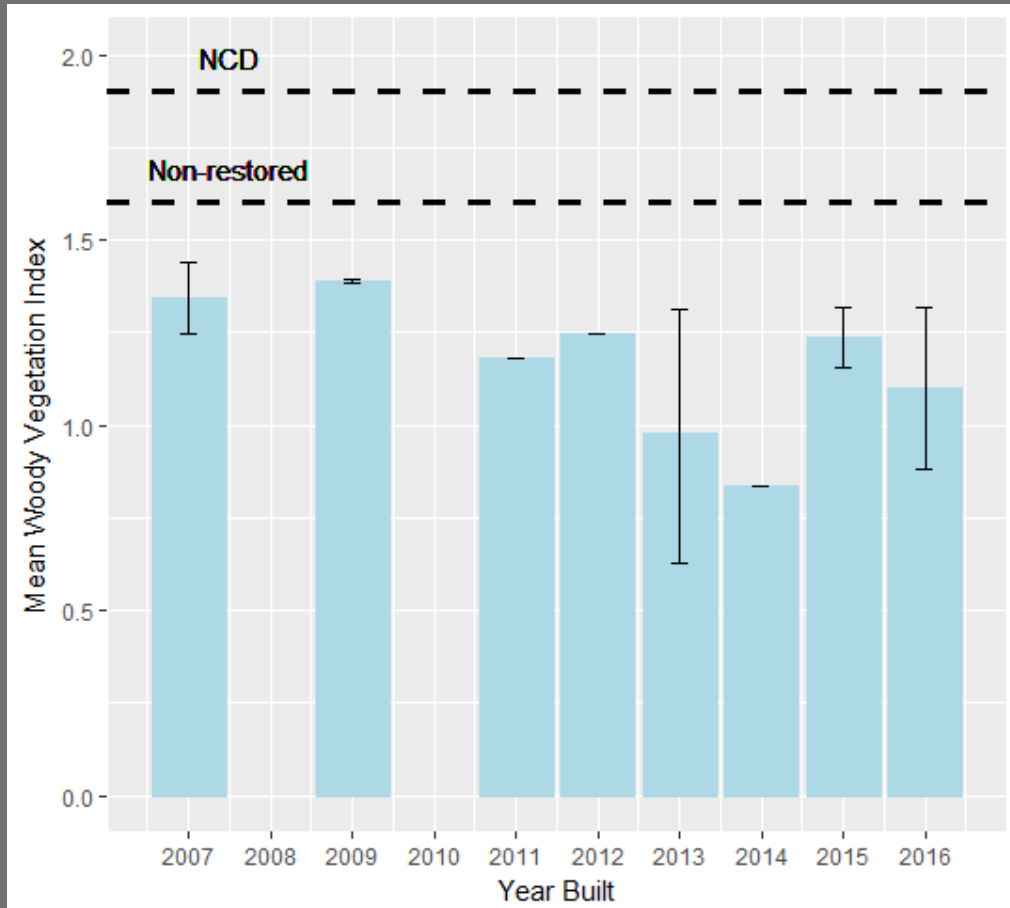
# Preliminary Results:

- Summer DO
- Benthic sampling sites
- Typical RSC's
- Extreme variability



# Preliminary Results:

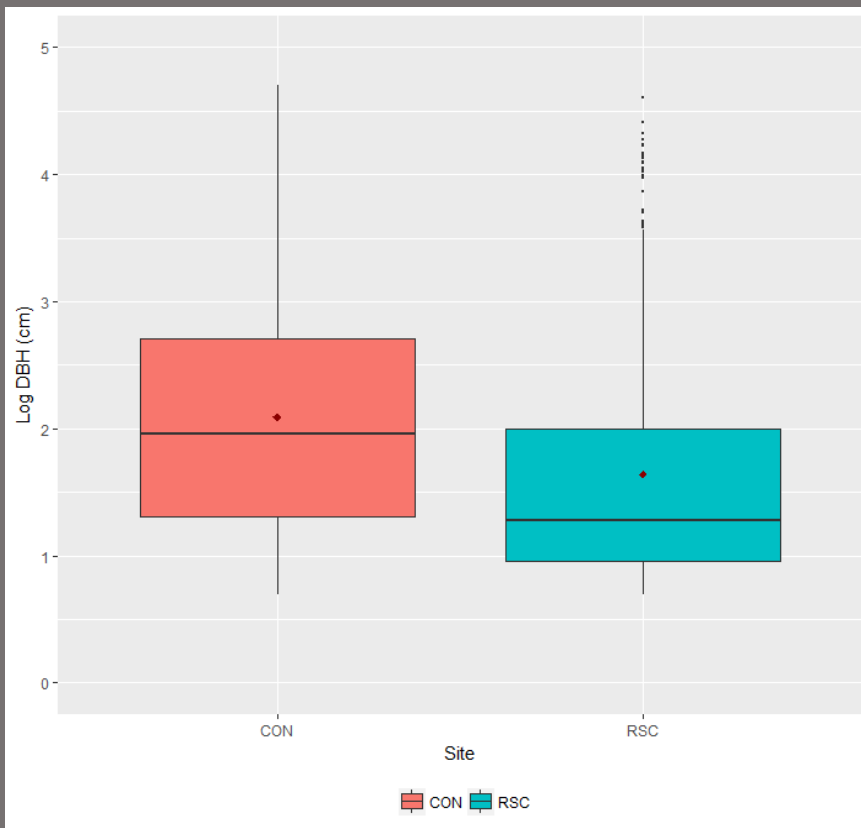
- Woody vegetation lowest at sites built within the last 4 years
- Significantly correlated with dissolved oxygen levels in summer



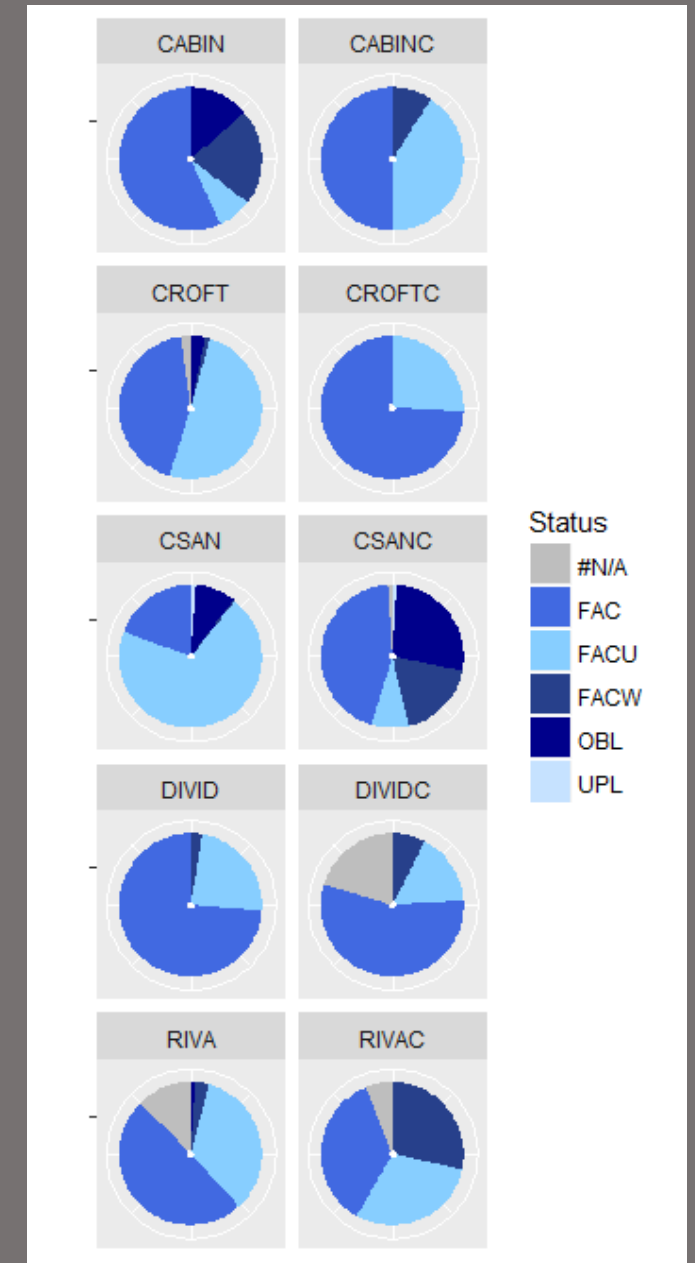


# Preliminary Results:

- Average DBH significantly higher in control sites

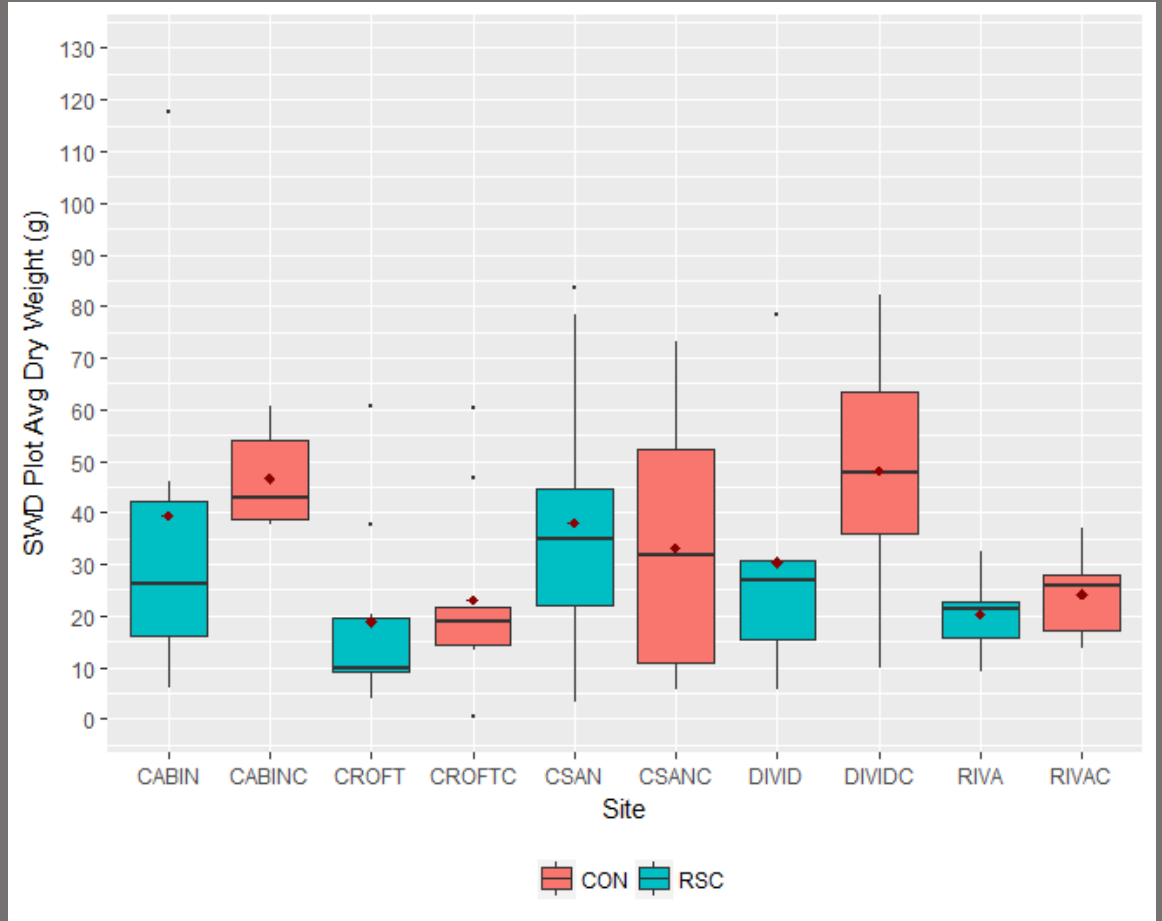


- Species by wetland indicator status
- Baseline data to assess shift in riparian communities



# Preliminary Results:

- Leaf litter and woody debris higher at control in 4 of 5 pairs



# Summary of preliminary results:

- RSC's are highly variable
- May be trade-off between water quality goals for the bay and local ecology
- More research is needed to determine where RSC's will have the greatest overall benefit

# Collaborations and Future Research:

- Organic matter inputs
- Benthic macroinvertebrates
- Water chemistry